

Insurance Verification Sheet

1. Does my plan cover outpatient nutrition counseling using codes Z71.3 and Z72.4 for PREVENTATIVE services?
2. Is a diagnosis required for coverage. If so, what diagnosis is covered?
3. Is there a copay or a deductible that I must meet first?
4. How many sessions are covered?
5. Is the following provider in-network with my plan?

Kristin Hock - Individual NPI # - 1669900551

Freedom Nutrition LLC

Group NPI# 1144089533

6. Do I need a physician referral?

Note, if you need a physician referral, this must be done PRIOR to your appointment. You may need to provide the referral office information located at the bottom of this form.**

7. When does my plan renew?

**Please ask for a reference number for your call.

Freedom Nutrition Contact Information

Kristin Hock - Individual NPI # - 1669900551

Group NPI# 1144089533

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West Chester, PA 19382

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kristin@freedomnutritionrd.com

****Note****

At this time, I am in-network with Aetna, Cigna, Highmark Blue Cross Blue Shield, and Independence Blue Cross.

If you are contracted with another company or your specific plan does not cover appointments, I am more than happy to provide you with a Superbill to submit to your insurance company for reimbursement. **PLEASE note that the Superbill is not a guarantee of reimbursement!